

# Individual Best Times (All Time)

Rebecca Gooch - (925140) - Backwell SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet  | Venue         | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------------|-----------------|-------|
| 1:07.92 | 601    | F     | 07/04/19 | City of Bristol International Open Meet           | Hengrove Park | Co Bristol      | 1     |
| 1:07.97 | 600    | H     | 26/01/20 | Somerset County Championships                     | Millfield     | Backwell        | 1     |
| 1:08.51 | 585    | H     | 14/01/18 | City of Derby 17th LC Level 1 Licensed Open Meet  | Sheffield     | Co Bristol      | 1     |
| 1:08.54 | 585    | F     | 11/03/18 | UBSC National Qualifier Level 1 Open Meet         | Hengrove      | Co Bristol      | 1     |
| 1:08.56 | 584    | F     | 09/04/17 | City of Bristol International Open Meet           | Bristol       | Co Bristol      | 1     |
| 1:08.64 | 582    | F     | 08/04/18 | City of Bristol International Open Meet           | Hengrove Park | Co Bristol      | 1     |
| 1:08.68 | 581    | F     | 25/07/21 | South West British Summer Festival                | Millfield     |                 | 1     |
| 1:08.70 | 581    | H     | 06/05/19 | ASA SWR Summer Championships                      | Plymouth      | Co Bristol      | 1     |
| 1:08.73 | 580    | F     | 30/04/17 | ASA SWR Summer Championships                      | Plymouth      | Co Bristol      | 1     |
| 1:09.00 | 573    | F     | 12/03/17 | United Bristol Qual Level 1 Open Meet             | Bristol       | Co Bristol      | 1     |
| 1:09.08 | 571    | F     | 26/05/17 | Cardiff International Open Meet 2017              | Cardiff       | Co Bristol      | 1     |
| 1:09.17 | 569    | F     | 16/02/19 | Team Bath Grand Prix Level 1 Meet                 | Hengrove LC   | Co Bristol      | 1     |
| 1:09.19 | 568    | H     | 26/05/17 | Cardiff International Open Meet 2017              | Cardiff       | Co Bristol      | 1     |
| 1:09.22 | 568    | H     | 10/02/18 | Somerset County Championships 2018                | Millfield     | Backwell        | 1     |
| 1:09.37 | 564    | F     | 18/11/17 | Team Bath AS Autumn Level 1 & Level 3 Open Meet   | Hengrove      | Co Bristol      | 1     |
| 1:09.41 | 563    | F     | 10/02/18 | Somerset County Championships 2018                | Millfield     | Backwell        | 1     |
| 1:09.42 | 563    | H     | 03/02/19 | Somerset County Championships 2019                | Millfield     | Backwell        | 1     |
| 1:09.48 | 561    | H     | 06/05/18 | ASA SWR Summer Championships                      | Plymouth      | Co Bristol      | 1     |
| 1:09.55 | 560    | F     | 09/07/17 | City of Bristol Summer Festival                   | Bristol       | Backwell        | 3     |
| 1:09.56 | 559    | F     | 06/05/18 | ASA SWR Summer Championships                      | Plymouth      | Co Bristol      | 1     |
| 1:09.60 | 558    | H     | 30/04/17 | ASA SWR Summer Championships                      | Plymouth      | Co Bristol      | 1     |
| 1:09.63 | 558    | F     | 14/03/20 | The Plymouth Leander Spring Regional LC Qualifier | Plymouth      | Co Bristol      | 1     |
| 1:09.64 | 557    | F     | 25/05/18 | Cardiff International Open Meet                   | Cardiff       | Co Bristol      | 1     |
| 1:09.89 | 551    | H     | 05/11/17 | ASA SWR LC Winter Championships                   | Millfield     | Co Bristol      | 1     |
| 1:10.41 | 539    | H     | 25/05/18 | Cardiff International Open Meet                   | Cardiff       | Co Bristol      | 1     |
| 1:10.54 | 536    | F     | 30/06/19 | Team Bath AS Pre-National Summer Special          | Hengrove LC   | Co Bristol      | 1     |
| 1:10.55 | 536    | F     | 15/02/20 | Swimming Association 2020 Spring LC Open Meet     | Swimming      | Co Bristol      | 1     |

|         |     |   |          |   |             |            |   |
|---------|-----|---|----------|---|-------------|------------|---|
| 1:10.55 | 550 | F | 15/02/20 | Swansea Aquatics 2020 Spring LC Open meet | Swansea     | Co Bristol | 1 |
| 1:11.84 | 508 | F | 03/02/19 | Somerset County Championships 2019        | Millfield   | Backwell   | 1 |
| 1:11.95 | 505 | H | 30/06/19 | Team Bath AS Pre-National Summer Special  | Hengrove LC | Co Bristol | 1 |
| 1:17.45 | 405 | F | 27/02/16 | Aquae Sulis Spring Grand Prix             | Bristol     | Co Bristol | 1 |
| 1:20.66 | 359 | F | 01/11/15 | City of Bristol SC Level 3 Open Meet      | Hengrove    | Backwell   | 3 |
| 1:28.16 | 274 | F | 02/11/14 | City of Bristol Open Meet                 | Bristol     | Backwell   | 3 |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet  | Venue         | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------------|-----------------|-------|
| 1:08.68 | 581    | F     | 25/07/21 | South West British Summer Festival                | Millfield     |                 | 1     |
| 1:09.63 | 558    | F     | 14/03/20 | The Plymouth Leander Spring Regional LC Qualifier | Plymouth      | Co Bristol      | 1     |
| 1:10.55 | 536    | F     | 15/02/20 | Swansea Aquatics 2020 Spring LC Open Meet         | Swansea       | Co Bristol      | 1     |
| 1:07.97 | 600    | H     | 26/01/20 | Somerset County Championships                     | Millfield     | Backwell        | 1     |
| 1:10.54 | 536    | F     | 30/06/19 | Team Bath AS Pre-National Summer Special          | Hengrove LC   | Co Bristol      | 1     |
| 1:11.95 | 505    | H     | 30/06/19 | Team Bath AS Pre-National Summer Special          | Hengrove LC   | Co Bristol      | 1     |
| 1:08.70 | 581    | H     | 06/05/19 | ASA SWR Summer Championships                      | Plymouth      | Co Bristol      | 1     |
| 1:07.92 | 601    | F     | 07/04/19 | City of Bristol International Open Meet           | Hengrove Park | Co Bristol      | 1     |
| 1:09.17 | 569    | F     | 16/02/19 | Team Bath Grand Prix Level 1 Meet                 | Hengrove LC   | Co Bristol      | 1     |
| 1:11.84 | 508    | F     | 03/02/19 | Somerset County Championships 2019                | Millfield     | Backwell        | 1     |
| 1:09.42 | 563    | H     | 03/02/19 | Somerset County Championships 2019                | Millfield     | Backwell        | 1     |
| 1:09.64 | 557    | F     | 25/05/18 | Cardiff International Open Meet                   | Cardiff       | Co Bristol      | 1     |
| 1:10.41 | 539    | H     | 25/05/18 | Cardiff International Open Meet                   | Cardiff       | Co Bristol      | 1     |
| 1:09.56 | 559    | F     | 06/05/18 | ASA SWR Summer Championships                      | Plymouth      | Co Bristol      | 1     |
| 1:09.48 | 561    | H     | 06/05/18 | ASA SWR Summer Championships                      | Plymouth      | Co Bristol      | 1     |
| 1:08.64 | 582    | F     | 08/04/18 | City of Bristol International Open Meet           | Hengrove Park | Co Bristol      | 1     |
| 1:08.54 | 585    | F     | 11/03/18 | UBSC National Qualifier Level 1 Open Meet         | Hengrove      | Co Bristol      | 1     |
| 1:09.41 | 563    | F     | 10/02/18 | Somerset County Championships 2018                | Millfield     | Backwell        | 1     |
| 1:09.22 | 568    | H     | 10/02/18 | Somerset County Championships 2018                | Millfield     | Backwell        | 1     |
| 1:08.51 | 585    | H     | 14/01/18 | City of Derby 17th LC Level 1 Licensed Open Meet  | Sheffield     | Co Bristol      | 1     |
| 1:09.37 | 564    | F     | 18/11/17 | Team Bath AS Autumn Level 1 & Level 3 Open Meet   | Hengrove      | Co Bristol      | 1     |
| 1:09.89 | 551    | H     | 05/11/17 | ASA SWR LC Winter Championships                   | Millfield     | Co Bristol      | 1     |
| 1:09.55 | 560    | F     | 09/07/17 | City of Bristol Summer Festival                   | Bristol       | Backwell        | 3     |
| 1:09.08 | 571    | F     | 26/05/17 | Cardiff International Open Meet 2017              | Cardiff       | Co Bristol      | 1     |
| 1:09.19 | 568    | H     | 26/05/17 | Cardiff International Open Meet 2017              | Cardiff       | Co Bristol      | 1     |
| 1:08.73 | 580    | F     | 30/04/17 | ASA SWR Summer Championships                      | Plymouth      | Co Bristol      | 1     |
| 1:09.60 | 558    | H     | 30/04/17 | ASA SWR Summer Championships                      | Plymouth      | Co Bristol      | 1     |
| 1:08.56 | 584    | F     | 09/04/17 | City of Bristol International Open Meet           | Bristol       | Co Bristol      | 1     |
| 1:09.00 | 573    | F     | 12/03/17 | United Bristol Qual Level 1 Open Meet             | Bristol       | Co Bristol      | 1     |
| 1:17.45 | 405    | F     | 27/02/16 | Aquae Sulis Spring Grand Prix                     | Bristol       | Co Bristol      | 1     |
| 1:20.66 | 359    | F     | 01/11/15 | City of Bristol SC Level 3 Open Meet              | Hengrove      | Backwell        | 3     |
| 1:28.16 | 274    | F     | 02/11/14 | City of Bristol Open Meet                         | Bristol       | Backwell        | 3     |