

Individual Best Times (All Time)

Cameron Polak - (924266) - Tigers SC (Jersey) Ltd - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|----------------|-----------------|-------|
| 54.42 | 638 | H | 26/05/19 | Plymouth Leander National Qualifier L1 LC Open | Plymouth | TigersJersey | 1 |
| 54.73 | 627 | H | 05/05/19 | Swim England 15 Over Swimming Championships 2019 | Wycombe | TigersJersey | 1 |
| 57.39 | 544 | H | 03/02/18 | Hampshire County Championships 2018 | Mountbatten LC | TigersJersey | 1 |
| 57.99 | 527 | H | 03/02/18 | Hampshire County Championships 2018 | Mountbatten LC | TigersJersey | 1 |
| 59.15 | 497 | H | 27/05/17 | Cardiff International Open Meet 2017 | Cardiff | TigersJersey | 1 |
| 59.69 | 483 | H | 15/04/17 | PNSC Easter Meet | Portsmouth | TigersJersey | 1 |
| 1:00.25 | 470 | F | 19/03/17 | Atlantis Regional-National Chaser Open Meet | Crawley | TigersJersey | 1 |
| 1:01.09 | 451 | H | 11/02/17 | Hampshire County Swimming Championships 2017 | Portsmouth | TigersJersey | 1 |

Swims in Date Order

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