

Individual Best Times (All Time)

Caitlin Day - (924077) - Basildon and Phoenix SC - 50 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.60	549	F	03/02/18	Essex Age Group Championships 2018	London	Basildon Ph	1
35.87	537	H	31/03/18	Beckenham SC 125th Anniversary International Open	London	Basildon Ph	1
36.02	530	H	03/02/18	Essex Age Group Championships 2018	London	Basildon Ph	1
36.07	528	H	14/04/18	N&EL L1 National Qualifying Meet	London	Basildon Ph	1
36.10	527	H	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Basildon Ph	1
36.16	524	H	27/05/18	London Swimming 2018 Long Course Summer Open	London	Basildon Ph	1
36.31	517	H	05/05/18	East Swimming Long Course Championships 2018	Norwich	Basildon Ph	1
36.37	515	F	29/10/17	Essex Senior Winter Championships 2017	Basildon	Basildon Ph	1
36.40	514	H	23/07/17	BPSC End of Season Meet 2017	Basildon	Basildon Ph	3
36.45	511	F	28/05/17	2017 London Swimming May Open Meet	London	Basildon Ph	1
36.53	508	H	29/10/17	Essex Senior Winter Championships 2017	Basildon	Basildon Ph	1
36.54	508	F	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Basildon Ph	1
37.10	485	H	30/04/16	ASA East Region Long Course Championships	Norwich	Basildon Ph	1
37.26	479	H	04/02/17	Essex Age Group Championships	London	Basildon Ph	1
37.26	479	H	04/02/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
37.30	477	H	29/04/17	ASA East Long Course Championships	Luton	Basildon Ph	1
37.46	471	F	06/02/16	Essex Age Group Championships 2016	London	Basildon Ph	1
37.46	471	F	06/02/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
37.54	468	F	04/02/17	Essex Age Group Championships	London	Basildon Ph	1
37.54	468	F	04/02/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
37.70	462	H	09/04/16	Derventio Excel 10th Open Meet 2016	Sheffield	Basildon Ph	1
37.73	461	H	16/04/17	BPSC Easter Meet 2017	Basildon	Basildon Ph	1
37.84	457	H	27/03/16	Basildon & Phoenix Easter LC Meet 2016	Basildon	Basildon Ph	1
37.93	454	H	06/02/16	Essex Age Group Championships 2016	London	Basildon Ph	1
37.93	454	H	06/02/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
38.09	448	H	24/07/16	BPSC End of Season Meet 2016	Basildon	Basildon Ph	3
38.10	447	F	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Basildon Ph	1

38.12	447	F	30/04/16	ASA East Region Long Course Championships	Norwich	Basildon Ph	1
38.12	447	H	14/05/16	Team Luton May Long Course Meet	Luton	Basildon Ph	1
38.69	428	H	19/02/22	Speedo & BUCS Long Course Swimming Championships	Sheffield		1
38.81	424	H	19/07/15	Basildon & Phoenix LC End of Season Meet	Basildon		3
38.90	421	H	31/05/15	BPSC Level 1 Sprint & 400m No Frills Meet	Basildon		1
39.08	415	F	31/05/15	BPSC Level 1 Sprint & 400m No Frills Meet	Basildon		1
39.16	412	H	25/05/15	ASA East Region Summer Championships	Norwich		1
39.98	388	H	05/04/15	Basildon & Phoenix LC Easter Meet	Basildon		1
42.15	331	H	20/04/14	Basildon & Phoenix Easter Long Course Meet	Basildon	Basildon Ph	1
44.09	289	H	22/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Basildon Ph	1
44.15	288	H	24/11/13	Essex Winter Long Course Competition	Basildon	Basildon Ph	1

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