## Individual Best Times (All Time)

Caitlin Day - (924077) - Basildon and Phoenix SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:40.43	452	Н	19/02/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
2:44.09	422	Н	18/02/18	Essex Age Group Championships 2018	Basildon	Basildon Ph	1
2:48.35	391	Н	18/07/15	Basildon & Phoenix LC End of Season Meet	Basildon		3
2:51.40	370	Н	19/07/14	Basildon & Phoenix End of Season Meet	Basildon		3
2:52.30	365	Н	19/04/14	Basildon & Phoenix Easter Long Course Meet	Basildon	Basildon Ph	1
2:52.53	363	Н	04/04/15	Basildon & Phoenix LC Easter Meet	Basildon		1
3:05.04	294	Н	21/02/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:44.09	422	Н	18/02/18	Essex Age Group Championships 2018	Basildon	Basildon Ph	1
2:40.43	452	Н	19/02/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
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