

Individual Best Times (All Time)

Jerry Sykes - (921745) - Dover Lifeguard Swimming Club - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:53.78	322	H	23/01/16	Kent Swimming Championships 2016	Crystal Palace	Thanet Swim	1
6:12.29	276	H	31/05/14	ASA South East Region Age Group Championships	Crawley	Thanet Swim	1
6:22.14	255	H	10/05/14	Beckenham International Open Meet	London	Thanet Swim	1
6:27.87	244	H	22/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Thanet Swim	1

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