

Individual Best Times (All Time)

Hebe Stewart-Liddon - (919174) - Brompton SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:49.49	537	F	30/07/19	Swim Wales Summer Nationals	Swansea	Wandsworth	1
4:50.38	532	F	06/05/19	London 2019 Long Course Summer Championships	London Aquatics Cnt	Wandsworth	1
4:50.54	531	F	22/06/19	2019 Long Course Summer Open	London	Wandsworth	1
4:52.02	523	F	27/07/19	NUEL Non National Qualifiers Meet 2019	London Aquatic	Wandsworth	3
4:56.83	498	F	27/01/19	Surrey Age Group Championships 2019	Surrey	Wandsworth	1
5:05.06	459	H	18/03/17	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	Wandsworth	1
5:06.95	450	F	26/03/23	Rushmoor Royals SC Spring Open Meet 2023	Aldershot		3
5:09.00	442	F	11/02/17	Surrey Age Group Championships	Guildford	Wandsworth	1
5:17.81	406	F	07/02/16	Surrey County ASA Age Group Championships 2016	Guildford	Wandsworth	1
5:32.12	355	H	11/07/15	Rushmoor Royals Summer LC L3 Open Meet	Aldershot		3
5:37.57	339	H	11/04/15	Rushmoor Royals Spring NQ Open Meet	Aldershot		1
5:44.33	319	H	27/04/14	Bexley Long Course Open Meet	London	Wandsworth	1
5:45.92	315	F	02/03/14	British Gas Surrey Age Group Championships	Guildford	Wandsworth	1
5:46.62	313	H	20/04/14	Rushmoor Royals Easter L1 Open Meet	Aldershot	Wandsworth	1
6:10.61	256	H	30/06/13	Rushmoor Royals Summer Festival	Aldershot	Wandsworth	3

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