

Individual Best Times (All Time)

Owain Cook - (918792) - Bridgend County Swim Squad - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:14.75	270	F	10/01/15	Swim Wales Open New Year Meet	Swansea	Bridgend Cty	1
6:34.90	231	F	20/09/14	Swim Wales Legend Meet	Swansea		3

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