

# Individual Best Times (All Time)

Owain Cook - (918792) - Bridgend County Swim Squad - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.98	439	H	01/08/19	Swim Wales Summer Nationals	Swansea	Bridgend Cty	1
31.81	405	F	24/03/19	UoB & Bristol Henleaze National Qualifier Open	Hengrove	Bridgend Cty	1

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