## **Individual Best Times (All Time)**

Jasmine Wood - (918314) - Witham Dolphins SC - 400 Freestyle - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:48.64	191	Н	20/07/14	Basildon & Phoenix End of Season Meet	Basildon	Witham Dolph	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:48.6	4 191	Н	20/07/14	Basildon & Phoenix End of Season Meet	Basildon	Witham Dolph	3

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