

# Individual Best Times (All Time)

Emma Cattle - (9173) - Team Luton Swimming - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:56.13	502	H	03/03/12	British Gas Swimming Championships 2012	London	Team Luton	1
4:58.75	489	F	08/04/12	British International Disability Champs	Sheffield	Team Luton	1
5:00.16	482	F	17/07/12	BG ASA National Youth Championships 2012	Sheffield	Team Luton	1
5:00.53	480	F	03/03/12	British Gas Swimming Championships 2012	London	Team Luton	1
5:01.21	477	F	27/07/11	British Gas ASA National Youth Champs	Sheffield	Team Luton	1
5:01.94	473	H	10/04/11	British Disability International Champions	Sheffield	Team Luton	1
5:02.17	472	F	10/04/11	British Disability International Champions	Sheffield	Team Luton	1
5:02.65	470	F	06/07/11	IPC Swimming European Championships	Berlin, Germany	Team Luton	1
5:03.19	467	H	27/07/11	British Gas ASA National Youth Champs	Sheffield	Team Luton	1
5:03.40	466	H	17/07/12	BG ASA National Youth Championships 2012	Sheffield	Team Luton	1
5:03.89	464	H	08/04/12	British International Disability Champs	Sheffield	Team Luton	1
5:04.09	463	H	06/07/11	IPC Swimming European Championships	Berlin, Germany	Team Luton	1
5:05.06	459	F	21/10/09	IPC European Champs	Iceland	Team Luton	1
5:08.21	445	H	05/03/11	British Gas Swimming Championships 2011	Manchester	Team Luton	1
5:10.73	434	H	02/08/09	British Gas Youth Champs	Sheffield	Team Luton	1
5:10.77	434	F	16/04/10	GB International	Sheffield	Team Luton	1
5:14.13	420	H	16/04/10	GB International	Sheffield	Team Luton	1
5:14.64	418	F	02/08/09	British Gas Youth Champs	Sheffield	Team Luton	1
5:14.77	418	H	18/05/07	British International Dis	Sheffield	Team Luton	1
5:15.34	415	F	18/05/07	British International Dis	Sheffield	Team Luton	1
5:19.71	399	F	27/07/07	ASA Youth & Open 2007	Sheffield	Team Luton	1
5:24.59	381	H	27/07/07	ASA Youth & Open 2007	Sheffield	Team Luton	1
5:25.87	376	F	07/07/06	DSE Long Course Meet 2006	Sheffield	Team Luton	1
5:26.26	375	F	01/08/06	National Youth & Open 2006	Sheffield	Team Luton	1
5:26.48	374	H	01/08/06	National Youth & Open 2006	Sheffield	Team Luton	1
5:27.95	369	H	06/12/06	IPC Swimming World Champs 2006	Durban, South Africa	Team Luton	1
5:28.03	368	H	06/05/05	DSE Long Course Championships	Sheffield	Team Luton	1

5:28.62	367	H	26/03/07	British Championships 2007	Manchester	Team Luton	1
5:29.98	362	H	07/07/06	DSE Long Course Meet 2006	Sheffield	Team Luton	1
5:30.39	361		07/10/06	WASA Disability Champs (LD)	Swansea	Team Luton	1
5:30.96	359	F	27/03/07	British Championships 2007	Manchester	Team Luton	1
5:31.58	357	H	01/06/06	German Open	Berlin	Team Luton	1
5:32.14	355	H	04/04/06	GB Championships 2006	Sheffield	Team Luton	1
5:32.14	355	F	04/04/06	GB Championships 2006	Sheffield	Team Luton	1
5:35.92	344	H	11/03/06	Danish Open Meet 2006	Esbjerg, Denmark	Team Luton	1
5:42.76	323		13/08/05	Welsh Disability Champs 2005	Swansea	Team Luton	1
5:45.45	316		07/05/04	British Swimming Paralympic Tr	Sheffield	Team Luton	1

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