

Individual Best Times (All Time)

Lukas Caci - (916330) - Epping Forest Dist SC - 400 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:34.58	284	H	20/02/16	Essex Age Group Championships 2016	Basildon	Epping For't	1

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