

Individual Best Times (All Time)

Tia Wilson - (915682) - Bedford Swim Squad - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:16.55	592	H	13/05/17	Team Luton May Long Course Meet 2017	Luton	Bedford SS	1
5:16.88	590	H	02/02/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	Bedford SS	1
5:19.35	577	H	30/04/17	ASA East Long Course Championships	Luton	Bedford SS	1
5:20.31	571	H	03/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	Bedford SS	1
5:20.95	568	H	09/04/17	Derventio Excel 11th LC Open Meet	Sheffield	Bedford SS	1
5:21.35	566	H	04/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Bedford SS	1
5:21.57	565	H	02/08/17	Swim England National Summer Meet (50m)	Sheffield	Bedford SS	1
5:24.00	552	H	16/04/16	Team Luton April Long Course Meet	Luton	Bedford SS	1
5:25.36	545	H	29/05/16	ASA East Region Long Course Championships	Luton	Bedford SS	1
5:32.90	509	H	07/03/15	Bedfordshire ASA County Championships	Luton		1
5:33.56	506	H	11/04/15	Team Luton April Long Course Meet	Luton		1
5:34.86	500	H	24/05/15	ASA East Region Summer Championships	Norwich		1
5:37.15	490	F	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	Bedford SS	1

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