Individual Best Times (All Time)

Edward Menlove - (913345) - Winchester City Penguins - 400 Freestyle - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:27.53	556	F	15/03/20	Millfield & Team Bath AS L1 National Qualifier	Millfield School	Winchester	1
4:27.75	555	Н	08/02/20	Hampshire County Championships 2020	Portsmouth	Winchester	1
4:31.14	534	F	07/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	Winchester	1
4:31.19	534	F	23/06/19	2019 Long Course Summer Open	London	Winchester	1
4:49.91	437	F	30/03/18	Portsmouth Northsea Easter Meet	Mountbatten SC	Winchester	1
5:04.71	376	F	14/04/17	PNSC Easter Meet	Portsmouth	Winchester	1
5:06.35	370	Н	28/01/17	Hampshire County Swimming Championships 2017	Portsmouth	Winchester	1
5:25.34	309	Н	23/01/16	Hampshire County Swimming Championships 2016	Portsmouth	Winchester	1
5:26.17	307	Н	19/12/15	Northampton 2015 Long Course Winter Festival	Corby	Winchester	1
5:27.07	304	F	18/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	Winchester	3
5:42.43	265	Н	28/02/15	Hampshire County ASA Championships	Portsmouth	Winchester	1
5:44.21	261	Н	11/01/15	Rushmoor Royals 9th New Year Open Meet	Aldershot		3
5:56.77	234		01/03/14	Hampshire County Championships	Portsmouth	Winchester	1

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