

# Individual Best Times (All Time)

Jessica Laitner - (912582) - St Albans Masters SC - 400 Individual Medley - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:31.88	514	H	01/05/16	ASA East Region Long Course Championships	Norwich	Co St Albans	1

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