

# Individual Best Times (All Time)

Joseph Russell - (911567) - Mount Kelly Swimming - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:37.07	509	H	03/08/17	Swim England National Summer Meet (50m)	Sheffield	Mt Kelly	1
2:37.38	506	H	29/05/17	The Plymouth Leander 2017	Plymouth	Mt Kelly	1
2:38.02	500	F	29/05/17	The Plymouth Leander 2017	Plymouth	Mt Kelly	1
2:39.02	491	F	08/04/17	Crawley Spring LC Level 1 Meet	Crawley	Mt Kelly	1
2:39.96	482	F	03/08/17	Swim England National Summer Meet (50m)	Sheffield	Mt Kelly	1
2:42.36	461	H	29/04/17	ASA SWR Summer Championships	Plymouth	Mt Kelly	1
2:42.85	457	F	29/04/17	ASA SWR Summer Championships	Plymouth	Mt Kelly	1
2:43.07	455	F	26/03/17	Aquae Sulis Grand Prix	Bristol	Mt Kelly	1
2:44.60	443	H	14/05/16	ASA South East Region Swimming Championships	Crawley	Co Cant'bury	1
2:46.61	427	H	14/05/16	ASA South East Region Swimming Championships	Crawley	Co Cant'bury	1
2:49.41	406	F	02/04/16	Guildford City Springboard Level 1 Open Meet	Guildford	Co Cant'bury	1
2:50.60	397	F	02/04/16	Guildford City Springboard Level 1 Open Meet	Guildford	Co Cant'bury	1
2:51.41	392	H	31/01/16	Kent Swimming Championships 2016	Crystal Palace	Co Cant'bury	1
2:52.82	382	F	31/01/16	Kent Swimming Championships 2016	Crystal Palace	Co Cant'bury	1
2:58.18	349	H	16/05/15	ASASER Swimming Championships	Crawley		1
3:02.15	326	H	16/05/15	ASASER Swimming Championships	Crawley		1
3:11.58	280	F	04/01/15	BWFSC Level 1 Long Course Meet	London	Co Cant'bury	1
3:14.42	268	F	03/08/14	Swim Wales Summer Nationals 2014	Swansea	E I eXcel	1
3:18.48	252	H	01/06/14	ASA South East Region Age Group Championships	Crawley	E I eXcel	1
3:18.51	252	H	03/08/14	Swim Wales Summer Nationals 2014	Swansea	E I eXcel	1
3:32.47	205	H	10/05/14	Beckenham International Open Meet	London	Co Cant'bury	1
3:35.48	197	H	22/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Co Cant'bury	1

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