

Individual Best Times (All Time)

James Cox - (908835) - City of Bristol SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:56.00	316	H	15/05/16	ASA SWR Summer Championships	Bristol	Co Bristol	1
5:56.00	316	H	15/05/16	ASA SWR Summer Championships	Millfield	Co Bristol	1
6:08.87	284	F	31/10/15	City of Bristol SC Level 3 Open Meet	Hengrove	Co Bristol	3

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