

Individual Best Times (All Time)

Helena Hordern - (908098) - Stafford Apex SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:51.04	528	H	07/04/18	City of Liverpool Spring Open Meet	Liverpool	StaffordApex	1
4:54.82	508	H	29/04/17	West Midland Championships	Coventry	StaffordApex	1

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