

Individual Best Times (All Time)

Abbie Winstanley - (906764) - City of Manchester Aquatics - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:46.91	559	H	31/03/19	Stockport Metro Qualifying Open Meet	Stockport	Cockermouth	1
2:47.13	557	H	28/04/19	2019 SENW Summer Championships	Manchester	Cockermouth	1
2:47.76	551	H	17/03/19	Edinburgh International	Edinburgh	Cockermouth	1
2:47.82	550	F	01/08/18	Swim England National Summer Meet	Sheffield	Cockermouth	1
2:48.08	548	H	26/05/19	Glasgow International Swim Meet	Tollcross	Cockermouth	1
2:48.13	547	H	01/08/18	Swim England National Summer Meet	Sheffield	Cockermouth	1
2:48.34	545	F	19/05/18	2018 SENW Summer Championships	Liverpool	Cockermouth	1
2:48.53	543	C	26/05/19	Glasgow International Swim Meet	Tollcross	Cockermouth	1
2:49.06	538	F	28/04/19	2019 SENW Summer Championships	Manchester	Cockermouth	1
2:50.45	525	H	05/11/17	Swim England Noth West Region Winter Champs	Manchester	Workington	1
2:50.58	524	H	29/04/17	ASA North West Region Summer Championships	Manchester	Workington	1
2:50.77	522	H	26/05/18	DX 2nd Long Course Open Meet	Sheffield	Cockermouth	1
2:51.48	516	F	12/03/16	Edinburgh International Meet	Edinburgh	Cockermouth	1
2:52.23	509	H	12/03/16	Edinburgh International Meet	Edinburgh	Cockermouth	1
2:52.63	505	H	03/04/16	Stockport Metro Qualifying Window Meet 2016	Stockport	Cockermouth	1
2:52.97	502	F	05/11/17	Swim England Noth West Region Winter Champs	Manchester	Workington	1
2:53.06	502	H	19/05/18	2018 SENW Summer Championships	Liverpool	Cockermouth	1
2:53.71	496	H	25/03/18	Stockport Metro National Qualification Meet 2018	Stockport	Cockermouth	1
2:53.77	495	F	29/04/17	ASA North West Region Summer Championships	Manchester	Workington	1
2:54.01	493	H	09/07/16	City of Sunderland Summer Splash 2016	Sunderland	Workington	3
2:54.97	485	H	08/07/17	City of Sunderland Summer Splash 2017	Sunderland	Workington	3
2:55.82	478	H	28/05/16	ASA North West Region Summer Championships	Manchester	Workington	1
2:56.97	469	H	04/07/15	City of Sunderland Summer Splash 2015	Sunderland		3
2:57.41	466	H	02/04/17	Stockport Metro Qualifying Window Meet	Stockport	Cockermouth	1
2:57.42	465	H	31/05/15	2015 North West Regional Championships	Manchester		1
2:57.53	465	H	17/01/16	City of Sunderland New Year Meet	Sunderland	Workington	1
2:58.00	464	F	29/04/17	ASA North West Region Summer Championships	Manchester	Workington	1

2:36.00	461	F	20/03/16	ASA North West Region Summer Championships	Manchester	Workington	1
2:58.04	461	H	12/04/15	Stockport Metro April LC Open Meet	Stockport	Cockermouth	1
3:01.03	438	H	18/01/15	City of Sunderland New Year Meet	Sunderland		1
3:05.73	406	H	13/07/14	City of Sunderland ASC Summer Splash 2014	Sunderland	Workington	3
3:07.08	397	H	06/04/14	Stockport April Meet 2014	Stockport	Workington	1
3:09.63	381	H	01/06/14	BG North West Age Group Championships	Manchester	Workington	1
3:52.36	207	H	20/01/13	City of Leeds New Year Meet	Leeds	Workington	3

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