

# Individual Best Times (All Time)

Abbie Winstanley - (906764) - City of Manchester Aquatics - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:00.56	622	H	12/03/23	Edinburgh International 2023	Edinburgh		1
1:00.58	621	H	26/02/23	BUCS Long Course Swimming Championships 2023	Sheffield	Co Manch Aq	1
1:00.65	619	F	26/02/23	BUCS Long Course Swimming Championships 2023	Sheffield	Co Manch Aq	1
1:00.95	610	F	26/03/23	SE North West Regional Summer Championships 2023	Liverpool	Co Manch Aq	1
1:00.99	609	H	13/03/22	Edinburgh International 2022	Edinburgh		1
1:01.08	606	H	26/03/23	SE North West Regional Summer Championships 2023	Liverpool	Co Manch Aq	1
1:01.15	604	H	20/03/22	Derventio eXcel March Open Meet	Sheffield	Co Manch Aq	1
1:01.23	602	H	26/05/19	Glasgow International Swim Meet	Tollcross	Cockermouth	1
1:01.32	599	H	10/06/23	Arena Manchester Summer Open 2023	Manchester	Co Manch Aq	3
1:01.35	598	H	25/03/18	Stockport Metro National Qualification Meet 2018	Stockport	Cockermouth	1
1:01.36	598	F	31/03/19	Stockport Metro Qualifying Open Meet	Stockport	Cockermouth	1
1:01.38	597		12/02/23	Arena Lisbon International Meeting 2023	Jamor		1
1:01.39	597	H	20/02/22	Speedo & BUCS Long Course Swimming Championships	Sheffield		1
1:01.50	594	H	26/05/18	DX 2nd Long Course Open Meet	Sheffield	Cockermouth	1
1:01.54	593	H	15/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	Co Manch Aq	1
1:01.60	591	F	25/03/18	Stockport Metro National Qualification Meet 2018	Stockport	Cockermouth	1
1:01.66	589	H	20/05/23	Cardiff International Open Meet 2023	Cardiff		1
1:01.92	582	H	28/04/18	2018 SENW Summer Championships	Manchester		1
1:01.96	581	H	28/04/19	2019 SENW Summer Championships	Manchester	Cockermouth	1
1:01.96	581	H	25/07/21	North West Summer Festival of Swimming	Manchester	Co Manch Aq	1
1:01.97	581	H	31/03/19	Stockport Metro Qualifying Open Meet	Stockport	Cockermouth	1
1:02.09	577	H	14/01/23	City of Derby SC 19th LC Open Meet 2023	Sheffield	Co Manch Aq	1
1:02.15	575	H	21/08/21	Manchester Summer Open 2021	Manchester	Co Manch Aq	3
1:02.24	573	H	28/04/18	2018 SENW Summer Championships	Manchester	Cockermouth	1
1:02.29	572	H	29/05/22	Glasgow International Swim Meet	Glasgow		1
1:02.33	570	H	26/06/22	City of Sheffield Swim Squad Team Steel Meet 2022	Sheffield	Co Manch Aq	1
1:02.50	568	H	22/07/22	East Midlands Summer Festival	Derby	Co Manch Aq	2

1:02.30	500	H	23/07/22	East Midlands Summer Festival	Derby	Co Manch Aq	3
1:02.64	562	H	08/05/22	Swansea Aquatics Long Course Open Meet 2022	Swansea		1
1:02.90	555	H	15/03/20	Stockport Metro Qualifying Open Meet	Grand Central Pools	Cockermouth	1
1:03.03	552	H	17/03/19	Edinburgh International	Edinburgh	Cockermouth	1
1:03.56	538	F	28/04/18	2018 SENW Summer Championships	Manchester	Cockermouth	1
1:04.08	525	H	08/07/17	City of Sunderland Summer Splash 2017	Sunderland	Workington	3
1:04.44	516	H	02/04/17	Stockport Metro Qualifying Window Meet	Stockport	Cockermouth	1
1:05.22	498	H	03/04/16	Stockport Metro Qualifying Window Meet 2016	Stockport	Cockermouth	1
1:06.06	479	H	29/05/16	ASA North West Region Summer Championships	Manchester	Workington	1
1:06.34	473	H	09/07/16	City of Sunderland Summer Splash 2016	Sunderland	Workington	3
1:06.88	462	H	17/01/16	City of Sunderland New Year Meet	Sunderland	Workington	1
1:10.25	398	H	12/04/15	Stockport Metro April LC Open Meet	Stockport	Cockermouth	1
1:10.41	396	H	04/07/15	City of Sunderland Summer Splash 2015	Sunderland		3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:01.32	599	H	10/06/23	Arena Manchester Summer Open 2023	Manchester	Co Manch Aq	3
1:01.66	589	H	20/05/23	Cardiff International Open Meet 2023	Cardiff		1
1:00.95	610	F	26/03/23	SE North West Regional Summer Championships 2023	Liverpool	Co Manch Aq	1
1:01.08	606	H	26/03/23	SE North West Regional Summer Championships 2023	Liverpool	Co Manch Aq	1
1:00.56	622	H	12/03/23	Edinburgh International 2023	Edinburgh		1
1:00.65	619	F	26/02/23	BUCS Long Course Swimming Championships 2023	Sheffield	Co Manch Aq	1
1:00.58	621	H	26/02/23	BUCS Long Course Swimming Championships 2023	Sheffield	Co Manch Aq	1
1:01.38	597		12/02/23	Arena Lisbon International Meeting 2023	Jamor		1
1:02.09	577	H	14/01/23	City of Derby SC 19th LC Open Meet 2023	Sheffield	Co Manch Aq	1
1:02.50	566	H	23/07/22	East Midlands Summer Festival	Derby	Co Manch Aq	3
1:02.33	570	H	26/06/22	City of Sheffield Swim Squad Team Steel Meet 2022	Sheffield	Co Manch Aq	1
1:02.29	572	H	29/05/22	Glasgow International Swim Meet	Glasgow		1
1:02.64	562	H	08/05/22	Swansea Aquatics Long Course Open Meet 2022	Swansea		1
1:01.15	604	H	20/03/22	Derventio eXcel March Open Meet	Sheffield	Co Manch Aq	1
1:00.99	609	H	13/03/22	Edinburgh International 2022	Edinburgh		1
1:01.39	597	H	20/02/22	Speedo & BUCS Long Course Swimming Championships	Sheffield		1
1:01.54	593	H	15/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	Co Manch Aq	1
1:02.15	575	H	21/08/21	Manchester Summer Open 2021	Manchester	Co Manch Aq	3
1:01.96	581	H	25/07/21	North West Summer Festival of Swimming	Manchester	Co Manch Aq	1
1:02.90	555	H	15/03/20	Stockport Metro Qualifying Open Meet	Grand Central Pools	Cockermouth	1
1:01.23	602	H	26/05/19	Glasgow International Swim Meet	Tollcross	Cockermouth	1
1:01.96	581	H	28/04/19	2019 SENW Summer Championships	Manchester	Cockermouth	1
1:01.36	598	F	31/03/19	Stockport Metro Qualifying Open Meet	Stockport	Cockermouth	1
1:01.97	581	H	31/03/19	Stockport Metro Qualifying Open Meet	Stockport	Cockermouth	1
1:03.03	552	H	17/03/19	Edinburgh International	Edinburgh	Cockermouth	1
1:01.50	594	H	26/05/18	DX 2nd Long Course Open Meet	Sheffield	Cockermouth	1
1:03.56	538	F	28/04/18	2018 SENW Summer Championships	Manchester	Cockermouth	1
1:01.92	582	H	28/04/18	2018 SENW Summer Championships	Manchester		1
1:02.24	573	H	28/04/18	2018 SENW Summer Championships	Manchester	Cockermouth	1
1:01.60	591	F	25/03/18	Stockport Metro National Qualification Meet 2018	Stockport	Cockermouth	1
1:01.35	598	H	25/03/18	Stockport Metro National Qualification Meet 2018	Stockport	Cockermouth	1
1:04.08	525	H	08/07/17	City of Sunderland Summer Splash 2017	Sunderland	Workington	3
1:04.44	516	H	02/04/17	Stockport Metro Qualifying Window Meet	Stockport	Cockermouth	1
1:06.34	473	H	09/07/16	City of Sunderland Summer Splash 2016	Sunderland	Workington	3
1:06.06	479	H	29/05/16	ASA North West Region Summer Championships	Manchester	Workington	1
1:05.22	498	H	03/04/16	Stockport Metro Qualifying Window Meet 2016	Stockport	Cockermouth	1
1:06.88	462	H	17/01/16	City of Sunderland New Year Meet	Sunderland	Workington	1

1:10.41	396	H	04/07/15	City of Sunderland Summer Splash 2015	Sunderland		Page 3 / 3 3
1:10.25	398	H	12/04/15	Stockport Metro April LC Open Meet	Stockport	Cockermouth	1