## **Individual Best Times (All Time)**

Hollie Pinder - (904570) - Adwick (Doncaster) SC - 200 Individual Medley - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:01.13	143	Н	14/12/19	BOBSC Christmas Sprint	Sheffield	Adwick	3
4:01.34	142	Н	01/06/18	British Para-Swimming International	Sheffield	Donc Dartes	1
4:03.07	139	Н	01/12/18	National Para-Swimming Championship	Manchester	Adwick	1
4:04.99	136	Н	10/12/16	National Para Swimming Championships	Manchester	Adwick	1
4:05.42	135	Н	25/03/18	CP Sport National Swimming Championships 2018	Nottingham	Adwick	3
4:06.35	134	Н	03/09/17	Sheffield & District Championships	Sheffield	Adwick	4
4:06.53	133	Н	03/12/16	Bo Barnsley 21st Annual Christmas Sprint	Sheffield	Adwick	3
4:07.01	133	Н	26/03/17	CP Sport National Swimming Competition	Nottingham	Adwick	3
4:09.57	129	Н	02/09/18	Sheffield & District Championships	Sheffield	Adwick	4
4:10.03	128	Н	12/12/15	National Para Swimming	Manchester		1
4:12.96	123	Н	03/08/17	Swim England National Summer Meet (50m)	Sheffield	Donc Dartes	1
4:13.40	123	Н	30/11/19	National Para-Swimming Championship	Manchester	Adwick	1
4:14.55	121	Н	07/04/19	CP Sport National Swimming Championships 2019	Nottingham	Adwick	3
4:19.31	115	Н	05/12/15	Borough of Barnsley 20th Annual Christmas Sprint	Sheffield		3
4:19.68	114	Н	06/02/16	Yorkshire County Championships	Leeds	Donc Dartes	1
4:21.41	112	Н	27/04/16	British Para-Swimming Championships	Glasgow	Adwick	1
4:25.20	107	Н	03/04/16	CP Sport National Swimming Championships	Nottingham	Adwick	3
4:39.48	91	Н	01/02/15	Sheffield & District ASA Championships	Sheffield		4
4:44.37	87	Н	06/12/14	Borough of Barnsley 19th Annual Christmas Sprint	Sheffield		3

## Swims in Date Order

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4:03.07 Copyright 202	139 <b>4</b>	Н	01/12/18	National Para-Swimming Championship	Manchester	Adwick Powered By SPORT	1 SYSTEMS

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