

Individual Best Times (All Time)

Ciaran Cook - (903990) - City of St Albans SC - 100 Breaststroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:43.98	163	H	11/07/15	Bishops Stortford End of Season LC Open Meet	Luton		3

Swims in Date Order

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