

Individual Best Times (All Time)

Ciaran Cook - (903990) - City of St Albans SC - 200 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:35.20	359	F	31/03/18	City of Norwich Easter Long Course Meet	Norwich	Co St Albans	1
2:39.66	330	H	31/03/19	Team Luton March Open Meet	Luton	Co St Albans	1
2:41.66	317	H	28/05/17	ASA East Region Long Course Championships	Norwich	Co St Albans	1
2:59.60	231	H	28/05/16	ASA East Region Long Course Championships	Luton	Co St Albans	1
3:03.39	217	F	12/03/17	United Bristol Qual Level 1 Open Meet	Bristol	Co St Albans	1

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