

# Individual Best Times (All Time)

Joshua Cowham - (901333) - Thanet Swim Club - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:13.24	468	H	15/01/17	16th City of Derby Long Course Open Meet	Sheffield	Thanet Swim	1
1:13.53	462	H	29/04/17	ASA South East Region Championships 2017	Wycombe	Thanet Swim	1
1:13.76	458	F	07/08/15	ASA Summer Nationals 2015	Sheffield	Thanet Swim	1
1:14.04	453	H	29/04/17	ASA South East Region Championships 2017	Wycombe	Thanet Swim	1
1:14.22	450	F	20/03/16	Atlantis Regional-National Chaser Meet	Crawley	Thanet Swim	1
1:14.62	442	H	24/04/16	National Arena Swimming League 47th Cup Final	Cardiff	Thanet Swim	1
1:15.27	431	F	31/01/16	Kent Swimming Championships 2016	Crystal Palace	Thanet Swim	1
1:15.30	431	F	11/03/17	Wycombe Long Course Premier Open Meet	Wycombe	Thanet Swim	1
1:15.99	419	H	07/08/15	ASA Summer Nationals 2015	Sheffield	Thanet Swim	1
1:16.05	418	H	31/01/16	Kent Swimming Championships 2016	Crystal Palace	Thanet Swim	1
1:16.57	409	H	17/05/15	ASASER Swimming Championships	Crawley		1
1:16.60	409	H	17/05/15	ASASER Swimming Championships	Crawley		1
1:17.29	398	H	25/01/15	Burns Open Meet 2015	Sheffield	Thanet Swim	1
1:19.17	370	H	31/05/14	ASA South East Region Age Group Championships	Crawley	Thanet Swim	1
1:19.43	367	F	31/05/14	ASA South East Region Age Group Championships	Crawley	Thanet Swim	1
1:19.96	359	F	13/04/14	Crawley Spring Open Meet	Crawley	Thanet Swim	1
1:22.43	328	H	18/01/14	Rushmoor Royals January L1 Open Meet	Crawley	Thanet Swim	1
1:23.01	321	H	21/12/13	Basildon & Phoenix Winter Long Course Meet	Basildon	Thanet Swim	1
1:27.99	270		25/05/13	ASA South East Region Age Group Champs	Crawley	Thanet Swim	1
1:28.54	265		25/05/13	ASA South East Region Age Group Champs	Crawley	Thanet Swim	1
1:32.54	232	F	14/04/13	Crawley SC Spring Long Course Open Meet	Crawley	Thanet Swim	1

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