

# Individual Best Times (All Time)

Emma Nettleton - (900886) - Newquay Cormorants SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:51.81	524	H	14/05/16	ASA SWR Summer Championships	Bristol	Newquay	1
4:51.81	524	H	22/05/16	ASA SWR Summer Championships	Millfield	Newquay	1
4:55.84	503	F	24/04/16	Millfield & Taunton Super Series	Millfield	Newquay	1
5:00.06	482	F	19/03/17	Millfield School Super Series (LC)	Millfield	Newquay	1

## Swims in Date Order

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4:51.81	524	H	22/05/16	ASA SWR Summer Championships	Millfield	Newquay	1
4:51.81	524	H	14/05/16	ASA SWR Summer Championships	Bristol	Newquay	1
4:55.84	503	F	24/04/16	Millfield & Taunton Super Series	Millfield	Newquay	1