

# Individual Best Times (All Time)

Emma Nettleton - (900886) - Newquay Cormorants SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:35.32	498	H	22/05/16	ASA SWR Summer Championships	Millfield	Newquay	1
5:59.00	406	F	26/07/15	The Plymouth Summer Level 3 Long Course Open	Plymouth	Newquay	3
5:59.37	404	H	17/05/15	ASASWR Summer Championships	Millfield		1
5:59.37	404	H	17/05/15	ASA South West Summer Championships	Bristol		1
6:04.35	388	F	12/04/15	City of Bristol Level 1 April Meet	Bristol	Newquay	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:35.32	498	H	22/05/16	ASA SWR Summer Championships	Millfield	Newquay	1
5:59.00	406	F	26/07/15	The Plymouth Summer Level 3 Long Course Open	Plymouth	Newquay	3
5:59.37	404	H	17/05/15	ASASWR Summer Championships	Millfield		1
5:59.37	404	H	17/05/15	ASA South West Summer Championships	Bristol		1
6:04.35	388	F	12/04/15	City of Bristol Level 1 April Meet	Bristol	Newquay	1