

# Individual Best Times (All Time)

Shameera Kannan - (90024774) - Stonehaven ASC - 400 Freestyle - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:43.53	198	F	04/02/23	ND Age Group Championships 2023 R1	Aberdeen		1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:43.53	198	F	04/02/23	ND Age Group Championships 2023 R1	Aberdeen		1