

# Individual Best Times (All Time)

Hamish Coates - (90020908) - Hawick & Teviotdale ASC - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:15.44	428	H	28/06/24	2024 Scottish National Open Swimming Championships	Edinburgh	B.E.S.T.	1
1:15.69	424	H	30/06/23	Scottish National Open Championships	Tollcross		1
1:15.98	419	F	24/06/23	East District Summer Sizzler	Edinburgh		1
1:16.14	416	H	27/05/23	Glasgow International Swim Meet	Tollcross		1
1:16.80	406	H	14/07/23	Scottish Summer Meet	Aberdeen		1
1:16.84	405	H	16/03/24	East District Age Group Champs R3 2024	Edinburgh		1
1:17.85	390	H	10/06/23	Arena Manchester Summer Open 2023	Manchester	Hawick & Td	3
1:18.60	378	F	13/05/23	2023 SS West District LC May AG Meet	Glasgow		1

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