

# Individual Best Times (All Time)

Hamish Coates - (90020908) - Hawick & Teviotdale ASC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
32.41	383	H	04/02/24	East District Age Groups 2024	Edinburgh		1
33.82	337	F	24/06/23	East District Summer Sizzler	Edinburgh		1
34.54	316	H	10/06/23	Arena Manchester Summer Open 2023	Manchester	Hawick & Td	3
35.18	299	H	24/01/23	East District Age Groups	Scotland		1

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