

Individual Best Times (All Time)

Hamish Coates - (90020908) - Hawick & Teviotdale ASC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--------------------------------------|------------|-----------------|-------|
| 28.64 | 389 | H | 10/06/23 | Arena Manchester Summer Open 2023 | Manchester | Hawick & Td | 3 |
| 28.77 | 383 | F | 24/06/23 | East District Summer Sizzler | Edinburgh | | 1 |
| 29.17 | 368 | F | 13/05/23 | 2023 SS West District LC May AG Meet | Glasgow | | 1 |

Swims in Date Order

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