

Individual Best Times (All Time)

Adam Millar - (900188) - Glasgow University Swim Team - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
57.91	529	F	03/03/20	ND Age Group Championships 2020 R2	Aberdeen	Shetland	1
57.97	528	H	03/03/20	ND Age Group Championships 2020 R2	Aberdeen	Shetland	1
58.12	524	H	05/03/19	ND Age Group Championships 2019 R2	Aberdeen	Shetland	1
58.47	514	F	18/07/21	Scottish Summer Festival of Swimming	Edinburgh		1
58.51	513	H	31/03/19	Scottish National Age Group Championships	Tollcross	Shetland	1
58.65	510	F	05/03/19	ND Age Group Championships 2019 R2	Aberdeen	Shetland	1
59.20	495	F	25/05/19	North District Long Course Time Trials 2019	Aberdeen	Shetland	1
59.83	480	H	02/04/17	Scottish National Age Group Championships	Aberdeen	Lerwick	1
1:00.01	476	H	05/02/23	ND Age Group Championships 2023 R2	Aberdeen		1
1:00.28	469	H	01/04/18	Scottish National Age Group Championships	Tollcross	Shetland	1
1:00.37	467	H	04/02/17	North District Age Group Championships	Aberdeen	Lerwick	1
1:00.48	465	F	02/04/17	Scottish National Age Group Championships	Aberdeen	Lerwick	1
1:00.51	464	F	27/05/17	North District Long Course Time Trials 2017	Aberdeen	Shetland	1
1:00.53	463	F	04/02/17	North District Age Group Championships	Aberdeen	Lerwick	1
1:00.65	461	F	03/02/18	North District Age Group Championships 2018	Aberdeen	Shetland	1
1:00.69	460	H	08/07/17	Scottish Summer Meet	Edinburgh	Shetland	1
1:01.00	453	H	03/02/18	North District Age Group Championships 2018	Aberdeen	Shetland	1
1:01.00	453	F	26/05/18	North District Long Course Time Trials 2018	Aberdeen	Shetland	1
1:01.76	436	H	28/05/23	Glasgow International Swim Meet	Tollcross		1
1:01.81	435	H	16/07/16	Scottish Summer Meet	Aberdeen	Shetland	1
1:02.16	428	F	16/07/16	Scottish Summer Meet	Aberdeen	Shetland	1
1:03.41	403	H	03/04/16	Scottish National Age Group Championships	Glasgow		1
1:03.47	402	F	03/04/16	Scottish National Age Group Championships	Glasgow	Lerwick	1
1:04.40	385	F	28/05/16	North District Junior LC Time Trials	Aberdeen	Lerwick	2
1:04.42	384	F	06/03/16	North District Age Group Championships	Aberdeen	Lerwick	1
1:06.42	351	H	06/03/16	North District Age Group Championships	Aberdeen	Lerwick	1
1:08.67	317	H	05/04/15	Scottish National Age Group Championships	Aberdeen	South Main	1

1:06.07	317	M	03/04/15	Scottish National Age Group Championships	Aberdeen	South Main	1
1:09.12	311	F	05/04/15	Scottish National Age Group Championships	Aberdeen	South Main	1
1:09.38	308	F	08/03/15	North District Age Group Championships	Aberdeen	South Main	1
1:09.64	304	H	08/03/15	North District Age Group Championships	Aberdeen	South Main	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:01.76	436	H	28/05/23	Glasgow International Swim Meet	Tollcross		1
1:00.01	476	H	05/02/23	ND Age Group Championships 2023 R2	Aberdeen		1
58.47	514	F	18/07/21	Scottish Summer Festival of Swimming	Edinburgh		1
57.91	529	F	03/03/20	ND Age Group Championships 2020 R2	Aberdeen	Shetland	1
57.97	528	H	03/03/20	ND Age Group Championships 2020 R2	Aberdeen	Shetland	1
59.20	495	F	25/05/19	North District Long Course Time Trials 2019	Aberdeen	Shetland	1
58.51	513	H	31/03/19	Scottish National Age Group Championships	Tollcross	Shetland	1
58.65	510	F	05/03/19	ND Age Group Championships 2019 R2	Aberdeen	Shetland	1
58.12	524	H	05/03/19	ND Age Group Championships 2019 R2	Aberdeen	Shetland	1
1:01.00	453	F	26/05/18	North District Long Course Time Trials 2018	Aberdeen	Shetland	1
1:00.28	469	H	01/04/18	Scottish National Age Group Championships	Tollcross	Shetland	1
1:00.65	461	F	03/02/18	North District Age Group Championships 2018	Aberdeen	Shetland	1
1:01.00	453	H	03/02/18	North District Age Group Championships 2018	Aberdeen	Shetland	1
1:00.69	460	H	08/07/17	Scottish Summer Meet	Edinburgh	Shetland	1
1:00.51	464	F	27/05/17	North District Long Course Time Trials 2017	Aberdeen	Shetland	1
1:00.48	465	F	02/04/17	Scottish National Age Group Championships	Aberdeen	Lerwick	1
59.83	480	H	02/04/17	Scottish National Age Group Championships	Aberdeen	Lerwick	1
1:00.53	463	F	04/02/17	North District Age Group Championships	Aberdeen	Lerwick	1
1:00.37	467	H	04/02/17	North District Age Group Championships	Aberdeen	Lerwick	1
1:02.16	428	F	16/07/16	Scottish Summer Meet	Aberdeen	Shetland	1
1:01.81	435	H	16/07/16	Scottish Summer Meet	Aberdeen	Shetland	1
1:04.40	385	F	28/05/16	North District Junior LC Time Trials	Aberdeen	Lerwick	2
1:03.47	402	F	03/04/16	Scottish National Age Group Championships	Glasgow	Lerwick	1
1:03.41	403	H	03/04/16	Scottish National Age Group Championships	Glasgow		1
1:04.42	384	F	06/03/16	North District Age Group Championships	Aberdeen	Lerwick	1
1:06.42	351	H	06/03/16	North District Age Group Championships	Aberdeen	Lerwick	1
1:09.12	311	F	05/04/15	Scottish National Age Group Championships	Aberdeen	South Main	1
1:08.67	317	H	05/04/15	Scottish National Age Group Championships	Aberdeen	South Main	1
1:09.38	308	F	08/03/15	North District Age Group Championships	Aberdeen	South Main	1
1:09.64	304	H	08/03/15	North District Age Group Championships	Aberdeen	South Main	1