Individual Best Times (All Time)

Adam Millar - (900188) - Glasgow University Swim Team - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:25.37	482	F	02/03/20	ND Age Group Championships 2020 R2	Aberdeen	Shetland	1
2:27.02	466	H	02/03/20	ND Age Group Championships 2020 R2	Aberdeen	Shetland	1
2:32.30	419	F	04/02/18	North District Age Group Championships 2018	Aberdeen	Shetland	1
2:32.65	416	H	04/03/19	ND Age Group Championships 2019 R2	Aberdeen	Shetland	1
2:32.72	415	F	25/05/19	North District Long Course Time Trials 2019	Aberdeen	Shetland	1
2:32.74	415	F	26/05/18	North District Long Course Time Trials 2018	Aberdeen	Shetland	1
2:32.96	413	H	05/02/17	North District Age Group Championships	Aberdeen	Lerwick	1
2:34.08	405	H	04/02/18	North District Age Group Championships 2018	Aberdeen	Shetland	1
2:34.08	405	H	01/04/18	Scottish National Age Group Championships	Tollcross	Shetland	1
2:34.23	403	H	02/04/17	Scottish National Age Group Championships	Aberdeen	Lerwick	1
2:34.49	401	F	05/02/17	North District Age Group Championships	Aberdeen	Lerwick	1
2:35.64	392	F	16/07/16	Scottish Summer Meet	Aberdeen	Shetland	1
2:36.50	386	F	18/02/23	2023 SS West District LC Champs WE2	Glasgow		1
2:37.60	378	H	16/07/16	Scottish Summer Meet	Aberdeen	Shetland	1
2:38.70	370	F	28/05/16	North District Junior LC Time Trials	Aberdeen	Lerwick	2
2:39.18	367	H	26/05/23	Glasgow International Swim Meet	Tollcross		1
2:39.21	367	H	04/02/23	ND Age Group Championships 2023 R2	Aberdeen		1
2:42.05	348	H	02/04/16	Scottish National Age Group Championships	Glasgow	Lerwick	1
2:52.49	288	F	07/03/15	North District Age Group Championships	Aberdeen	South Main	1
2:52.74	287	H	02/04/15	Scottish National Age Group Championships	Aberdeen	South Main	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:39.18	367	H	26/05/23	Glasgow International Swim Meet	Tollcross		1
2:36.50	386	F	18/02/23	2023 SS West District LC Champs WE2	Glasgow		1
2:39.21	367	H	04/02/23	ND Age Group Championships 2023 R2	Aberdeen		1

2:25.37	482	F	02/03/20	ND Age Group Championships 2020 R2	Aberdeen	Shetland	1
2:27.02	466	H	02/03/20	ND Age Group Championships 2020 R2	Aberdeen	Shetland	1
2:32.72	415	F	25/05/19	North District Long Course Time Trials 2019	Aberdeen	Shetland	1
2:32.65	416	H	04/03/19	ND Age Group Championships 2019 R2	Aberdeen	Shetland	1
2:32.74	415	F	26/05/18	North District Long Course Time Trials 2018	Aberdeen	Shetland	1
2:34.08	405	H	01/04/18	Scottish National Age Group Championships	Tollcross	Shetland	1
2:32.30	419	F	04/02/18	North District Age Group Championships 2018	Aberdeen	Shetland	1
2:34.08	405	H	04/02/18	North District Age Group Championships 2018	Aberdeen	Shetland	1
2:34.23	403	H	02/04/17	Scottish National Age Group Championships	Aberdeen	Lerwick	1
2:34.49	401	F	05/02/17	North District Age Group Championships	Aberdeen	Lerwick	1
2:32.96	413	H	05/02/17	North District Age Group Championships	Aberdeen	Lerwick	1
2:35.64	392	F	16/07/16	Scottish Summer Meet	Aberdeen	Shetland	1
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2:42.05	348	H	02/04/16	Scottish National Age Group Championships	Glasgow	Lerwick	1
2:52.74	287	H	02/04/15	Scottish National Age Group Championships	Aberdeen	South Main	1
2:52.49	288	F	07/03/15	North District Age Group Championships	Aberdeen	South Main	1