

Individual Best Times (All Time)

Adam Millar - (900188) - Glasgow University Swim Team - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:07.63	444	F	17/07/21	Scottish Summer Festival of Swimming	Edinburgh		1
1:07.89	439	F	02/02/20	ND Age Group Championships 2020 R1	Aberdeen	Shetland	1
1:07.99	437	F	26/05/18	North District Long Course Time Trials 2018	Aberdeen	Shetland	1
1:08.05	435	H	28/03/18	Scottish National Age Group Championships	Tollcross	Shetland	1
1:08.22	432	H	02/02/20	ND Age Group Championships 2020 R1	Aberdeen	Shetland	1
1:08.80	421	F	05/02/18	North District Age Group Championships 2018	Aberdeen	Shetland	1
1:09.02	417	H	29/03/17	Scottish National Age Group Championships	Aberdeen	Lerwick	1
1:09.12	416	H	05/02/18	North District Age Group Championships 2018	Aberdeen	Shetland	1
1:09.28	413	H	28/06/19	Scottish National Open Championships	Aberdeen	Shetland	1
1:09.48	409	F	06/02/17	North District Age Group Championships 2017	Aberdeen	Lerwick	1
1:09.59	407	H	15/07/18	Scottish Summer Meet 2018	Aberdeen	Shetland	1
1:09.81	403	H	03/02/19	ND Age Group Championships 2019 R1	Aberdeen	Shetland	1
1:09.85	403	F	25/05/19	North District Long Course Time Trials 2019	Aberdeen	Shetland	1
1:09.97	401	H	06/02/17	North District Age Group Championships 2017	Aberdeen	Lerwick	1
1:10.13	398	H	09/07/17	Scottish Summer Meet	Edinburgh		1
1:10.19	397	F	27/05/17	North District Long Course Time Trials 2017	Aberdeen	Shetland	1
1:10.57	390	H	27/03/19	Scottish National Age Group Championships	Tollcross	Shetland	1
1:10.78	387	H	28/05/23	Glasgow International Swim Meet	Tollcross		1
1:11.26	379	F	28/05/16	North District Junior LC Time Trials	Aberdeen	Lerwick	2
1:11.34	378	F	17/07/16	Scottish Summer Meet	Aberdeen	Shetland	1
1:12.27	363	H	17/07/16	Scottish Summer Meet	Aberdeen	Shetland	1
1:12.28	363	H	30/03/16	Scottish National Age Group Championships	Glasgow	Lerwick	1
1:12.51	360	F	05/03/16	North District Age Group Championships	Aberdeen	Lerwick	1
1:12.88	354	H	05/03/16	North District Age Group Championships	Aberdeen	Lerwick	1
1:16.62	305	H	01/04/15	Scottish National Age Group Championships	Aberdeen	South Main	1
1:16.72	304	F	01/04/15	Scottish National Age Group Championships	Aberdeen	South Main	1
1:17.86	291	H	07/02/15	North District Age Group Championships	Aberdeen	South Main	1

1:17.86	291	H	07/03/15	North District Age Group Championships	Aberdeen	South Main	
1:18.23	286	F	07/03/15	North District Age Group Championships	Aberdeen	South Main	1

Swims in Date Order

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