

Individual Best Times (All Time)

Adam Millar - (900188) - Glasgow University Swim Team - 50 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.84	460	F	02/03/20	ND Age Group Championships 2020 R2	Aberdeen	Shetland	1
28.86	459	F	18/02/23	2023 SS West District LC Champs WE2	Glasgow		1
29.18	444	H	02/03/20	ND Age Group Championships 2020 R2	Aberdeen	Shetland	1
29.56	427	H	28/05/23	Glasgow International Swim Meet	Tollcross		1
29.93	411	F	25/05/19	North District Long Course Time Trials 2019	Aberdeen	Shetland	1
30.18	401	F	26/05/18	North District Long Course Time Trials 2018	Aberdeen	Shetland	1
30.32	396	H	04/03/19	ND Age Group Championships 2019 R2	Aberdeen	Shetland	1
30.35	395	H	04/02/23	ND Age Group Championships 2023 R2	Aberdeen		1
31.06	368	F	27/05/17	North District Long Course Time Trials 2017	Aberdeen	Shetland	1
31.12	366	H	09/07/17	Scottish Summer Meet	Edinburgh	Shetland	1
31.24	362	H	05/02/17	North District Age Group Championships	Aberdeen	Lerwick	1
31.31	359	H	29/03/17	Scottish National Age Group Championships	Aberdeen	Lerwick	1
33.10	304	F	05/03/16	North District Age Group Championships	Aberdeen	Lerwick	1
33.18	302	F	28/05/16	North District Junior LC Time Trials	Aberdeen	Lerwick	2
33.19	302	H	30/03/16	Scottish National Age Group Championships	Glasgow	Lerwick	1
33.70	288	H	05/03/16	North District Age Group Championships	Aberdeen	Lerwick	1

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31.24	362	H	05/02/17	North District Age Group Championships	Aberdeen	Lerwick	1
33.18	302	F	28/05/16	North District Junior LC Time Trials	Aberdeen	Lerwick	2
33.19	302	H	30/03/16	Scottish National Age Group Championships	Glasgow	Lerwick	1
33.10	304	F	05/03/16	North District Age Group Championships	Aberdeen	Lerwick	1
33.70	288	H	05/03/16	North District Age Group Championships	Aberdeen	Lerwick	1