

Individual Best Times (All Time)

Kara Armstrong - (90007790) - Musselburgh ASC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:07.39	451	H	17/03/24	East District Age Group Champs R3 2024	Edinburgh		1
1:08.76	425	F	24/06/23	East District Summer Sizzler	Edinburgh		1
1:08.95	421	H	30/03/23	East District Age Groups	Edinburgh		1
1:23.02	241	F	27/04/19	East District Long Course Time Trials	Royal Commonwealth	Scorpion ST	1

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