

Individual Best Times (All Time)

Laura Childs - (898542) - City of Cardiff - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:38.70	501	H	16/04/17	Swim Wales Long Course Championships	Swansea	Co Cardiff	1
2:40.08	489	H	15/05/16	City of Swansea Long Course Meet 2016	Swansea	Co Cardiff	1
2:40.46	485	H	14/05/17	Swansea Aquatics Long Course Meet 2017	Swansea	Co Cardiff	1
2:41.84	473	H	02/12/17	Swim Wales Long Course Championships	Swansea	Co Cardiff	1
2:41.97	472	H	24/01/16	URDD National Championships 2016	Cardiff		1
2:42.50	467	F	06/01/18	UBSC New Year Level 1 Open Meet	Hengrove	Co Cardiff	1
2:42.62	466	F	09/04/16	City of Bristol International Open Meet	Bristol	Co Cardiff	1
2:43.11	462	F	15/05/16	City of Swansea Long Course Meet 2016	Swansea	Co Cardiff	1
2:44.11	453	F	04/11/17	Welsh Capital Open Meet 2017	Cardiff	Co Cardiff	1
2:48.14	422	H	17/05/15	Swim Swansea Open Meet	Swansea		1
2:49.73	410	F	17/05/15	Swim Swansea Open Meet	Swansea	Co Cardiff	1
2:50.73	403	F	11/04/15	City of Bristol Level 1 April Meet	Bristol	Co Cardiff	1
2:50.83	402	F	21/03/15	City of Cardiff Tiger Bay Meet	Cardiff	Co Cardiff	3
2:56.77	363	H	20/06/15	40 Stuttgart International Swim Meet	Stuttgart		1
2:57.12	361	H	10/01/15	United Bristol New Year Open Meet	Hengrove	Co Cardiff	1
2:57.12	361	F	10/01/15	United Bristol New Year Open Meet	Hengrove	Co Cardiff	1
3:03.30	325	H	19/04/14	Welsh Age Group & Youth Championships	WNPS	Co Cardiff	1
3:06.65	308	F	22/03/14	Tiger Bay Open Meet 2014	Cardiff	Co Cardiff	3
3:07.54	304	F	12/07/14	Torfaen Dolphins Non National Qualifier 2014	Bristol	Co Cardiff	3
3:07.61	303	H	22/12/13	BG Swim Wales National Championships	Swansea	Co Cardiff	1
3:09.68	293	F	18/01/14	Exeter January Meet	Cardiff	Co Cardiff	1
3:15.23	269	H	09/06/13	Cardiff International Open Meet	Cardiff	Co Cardiff	1
3:18.10	258	H	06/07/13	Gemau Cymru 2013	Cardiff	Co Cardiff	3
3:18.79	255	F	21/09/13	City of Cardiff Club Championships	Cardiff	Co Cardiff	4
3:19.93	251	H	13/07/13	Plymouth Leander Non-National Qualifiers Meet	Plymouth	Co Cardiff	3
3:31.56	211	F	23/03/13	City of Cardiff SC Tiger Bay Open Meet	Cardiff	Co Cardiff	3
3:40.50	188	F	07/10/10	2 Towers Open Meet	Millfield School	Co Cardiff	2

3:40.39	100	F	27/10/12	3 Towers Open Meet	Millfield School	Co Cardiff	
3:47.00	171	F	07/07/12	Cardiff Bay Sprint Meet 2012	Cardiff	Co Cardiff	4
3:50.17	164	F	22/09/12	City of Cardiff SC Club Championships	Cardiff	Co Cardiff	4
4:05.87	134	F	24/03/12	Tiger Bay Open Meet	Cardiff	Co Cardiff	1
4:17.29	117	F	17/09/11	City of Cardiff Club Championships	Cardiff	Co Cardiff	4

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