## Individual Best Times (All Time)

Laura Childs - (898542) - City of Cardiff - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:46.91	401	F	14/05/17	Swansea Aquatics Long Course Meet 2017	Swansea	Co Cardiff	1
2:47.04	400	Н	27/05/16	City of Cardiff Open Meet	Cardiff	Co Cardiff	1
2:50.69	375	F	05/11/17	Welsh Capital Open Meet 2017	Cardiff	Co Cardiff	1
2:51.07	372	F	29/05/15	Cardiff International Open Meet 2015	Cardiff	Co Cardiff	1
2:59.26	324	F	21/09/14	City of Cardiff Club Championships	Cardiff	Co Cardiff	4
3:00.18	319	Н	06/06/14	Cardiff International Open Meet	Cardiff	Co Cardiff	1
3:09.50	274	F	06/06/14	Cardiff International Open Meet	Cardiff	Co Cardiff	1
3:14.65	253	Н	07/06/13	Cardiff International Open Meet	Cardiff	Co Cardiff	1
3:15.03	251	F	17/11/13	City of Cardiff Capital Open Meet	Cardiff	Co Cardiff	1
3:16.48	246	F	13/07/13	Plymouth Leander Non-National Qualifiers Meet	Plymouth	Co Cardiff	3
3:18.37	239	F	07/06/13	Cardiff International Open Meet	Cardiff	Co Cardiff	1
3:27.10	210	F	24/03/13	City of Cardiff SC Tiger Bay Open Meet	Cardiff	Co Cardiff	3
3:40.39	174	F	27/10/12	3 Towers Open Meet	Millfield School	Co Cardiff	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:50.69	375	F	05/11/17	Welsh Capital Open Meet 2017	Cardiff	Co Cardiff	1
2:46.91	401	F	14/05/17	Swansea Aquatics Long Course Meet 2017	Swansea	Co Cardiff	1
2:47.04	400	Н	27/05/16	City of Cardiff Open Meet	Cardiff	Co Cardiff	1
2:51.07	372	F	29/05/15	Cardiff International Open Meet 2015	Cardiff	Co Cardiff	1
2:59.26	324	F	21/09/14	City of Cardiff Club Championships	Cardiff	Co Cardiff	4
3:09.50	274	F	06/06/14	Cardiff International Open Meet	Cardiff	Co Cardiff	1
3:00.18	319	Н	06/06/14	Cardiff International Open Meet	Cardiff	Co Cardiff	1
3:15.03	251	F	17/11/13	City of Cardiff Capital Open Meet	Cardiff	Co Cardiff	1
3:16.48	246	F	13/07/13	Plymouth Leander Non-National Qualifiers Meet	Plymouth	Co Cardiff	3
3:18.37 yright 2024	239 1	F	07/06/13	Cardiff International Open Meet	Cardiff	Co Cardiff Powered By SPORT	1 SYSTEM

3:14.65	253	Н	07/06/13	Cardiff International Open Meet	Cardiff	Co Cardiff	1
3:27.10	210	F	24/03/13	City of Cardiff SC Tiger Bay Open Meet	Cardiff	Co Cardiff	3
3:40.39	174	F	27/10/12	3 Towers Open Meet	Millfield School	Co Cardiff	3

Page 2 / 2