

# Individual Best Times (All Time)

Laura Childs - (898542) - City of Cardiff - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.15	480	H	02/04/18	Swim Wales LC Championships	Swansea	Co Cardiff	1
30.44	466	H	02/12/17	Swim Wales Long Course Championships	Swansea	Co Cardiff	1
30.47	465	H	13/05/18	Swansea Aquatics Long Course Meet 2018	WNPS	Co Cardiff	1
30.68	455	H	05/08/18	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
30.77	451	F	18/06/17	Torfaen Dolphins Non National Qualifier	Cardiff	Co Cardiff	3
30.95	443	H	26/05/18	Cardiff International Open Meet	Cardiff	Co Cardiff	1
30.97	443	H	07/08/16	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
31.09	437	H	23/07/15	Swim Wales Summer Open Meet	Swansea	Co Cardiff	1
31.10	437	H	27/05/16	City of Cardiff Open Meet	Cardiff	Co Cardiff	1
31.10	437	F	06/01/18	UBSC New Year Level 1 Open Meet	Hengrove	Co Cardiff	1
31.28	430	F	09/04/16	City of Bristol International Open Meet	Bristol	Co Cardiff	1
31.94	403	H	29/05/15	Cardiff International Open Meet 2015	Cardiff	Co Cardiff	1
32.06	399	H	16/05/15	Swim Swansea Open Meet	Swansea	Co Cardiff	1
32.75	374	F	22/03/15	City of Cardiff Tiger Bay Meet	Cardiff	Co Cardiff	3
33.09	363	H	10/01/15	United Bristol New Year Open Meet	Hengrove	Co Cardiff	1
33.09	363	F	10/01/15	United Bristol New Year Open Meet	Hengrove	Co Cardiff	1
33.75	342	F	16/11/14	Welsh Capital Open Meet	Cardiff	Co Cardiff	1
34.27	326	F	21/09/14	City of Cardiff Club Championships	Cardiff	Co Cardiff	4
34.40	323	H	02/08/14	Swim Wales Summer Nationals 2014	Swansea	Co Cardiff	1
34.79	312	H	06/06/14	Cardiff International Open Meet	Cardiff	Co Cardiff	1
35.19	302	F	19/01/14	Exeter January Meet	Cardiff	Co Cardiff	1
35.95	283	H	07/06/13	Cardiff International Open Meet	Cardiff	Co Cardiff	1
36.09	279	F	17/11/13	City of Cardiff Capital Open Meet	Cardiff	Co Cardiff	1
36.24	276	F	28/09/13	City of Cardiff Club Championships	Cardiff	Co Cardiff	4
37.28	254	F	14/07/13	Plymouth Leander Non-National Qualifiers Meet	Plymouth	Co Cardiff	3
38.86	224	F	24/02/13	City of Cardiff Closed Invitational Meet	Cardiff	Co Cardiff	4
39.00	207	F	07/01/10	2 Towers Open Meet	Millfield School	Co Cardiff	2

39.90	207	F	27/10/12	3 Towers Open Meet	Millfield School	Co Cardiff	3
43.62	158	F	07/07/12	Cardiff Bay Sprint Meet 2012	Cardiff	Co Cardiff	4
43.99	154	F	25/03/12	Tiger Bay Open Meet	Cardiff	Co Cardiff	1
47.51	122	F	26/02/12	City of Cardiff Invitational Meet	Cardiff	Co Cardiff	4
48.72	113	F	24/09/11	City of Cardiff Club Championships	Cardiff	Co Cardiff	4

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