

# Individual Best Times (All Time)

James Strickland - (897447) - Gateshead & Whickham SC - 400 Freestyle - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:52.04	244	H	13/10/13	Northumberland & Durham SA Autumn Meet	Sunderland	Gates &Whick	3

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