

Individual Best Times (All Time)

Jack Abram - (896491) - City of Norwich SC - 50 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
26.35	603	H	08/04/23	City of Norwich Easter Meet 2023	Norwich		1
26.47	595	F	01/05/23	Swim England East Region LC Championships 2023	Norwich	Co Norwich	1
26.51	592	H	30/03/24	City of Norwich Easter Meet 2024	Norwich		1
26.57	588	F	30/03/24	City of Norwich Easter Meet 2024	Norwich		1
26.57	588	H	04/05/24	Swim England East Region LC Championships 2024	Norwich	Co Norwich	1
26.61	586	H	01/05/23	Swim England East Region LC Championships 2023	Norwich	Co Norwich	1
26.62	585	F	27/01/24	SE Norfolk County Championships 2024	Norwich	Co Norwich	1
26.67	582	F	08/04/23	City of Norwich Easter Meet 2023	Norwich		1
26.79	574	H	16/03/24	Derby Excel Spring Qualifier 2024	Sheffield	Co Norwich	1
26.91	566	H	27/01/24	SE Norfolk County Championships 2024	Norwich	Co Norwich	1
27.25	545	H	26/03/23	City of Sheffield SS Premier Open Meet 2023	Sheffield	Co Norwich	1
27.31	542	F	04/03/23	CONSC March LC Open Meet 2023	Sportspark		3
27.89	509	H	16/04/22	City of Norwich SC Easter Meet 2022	Norwich		1
27.99	503	H	28/01/23	Norfolk County Championships 2023	Norwich	Co Norwich	1
28.19	493	H	02/05/22	SE East Region Long Course Championships 2022	Norwich	Co Norwich	1
28.24	490	H	26/02/22	Norfolk County Championships	UEA Sportspark	Co Norwich	1
28.54	475	F	09/07/22	City of Norwich SC Midsummer Madness 2022	Norwich		3
28.59	472	F	05/03/22	City of Norwich SC L3 March LC Open Meet 2022	Norwich		3
29.92	412	F	10/07/21	CONSC Midsummer Madness 2021	Norwich		3
31.02	370	F	26/01/20	Norfolk County Championships 2020	Norwich	Co Norwich	1
31.50	353	F	07/03/20	City of Norwich 2020 March L3 LC Open Meet	Norwich	Co Norwich	3
31.58	350	H	26/01/20	Norfolk County Championships 2020	Norwich	Co Norwich	1
32.49	322	F	02/03/19	CoNSC MARCH LONG COURSE OPEN MEET 2019	NORWICH	Co Norwich	3
32.66	317	F	10/02/19	Norfolk County Championships 2019	Norwich	Co Norwich	1
33.73	287	H	07/01/18	Norfolk County Championships 2018	Norwich	Co Norwich	1
33.92	283	H	14/04/18	N&EL L1 National Qualifying Meet	London		1
34.24	275	F	07/01/18	Norfolk County Championships 2018	Norwich	Co Norwich	1

34.24	273	F	07/01/18	Norfolk County Championships 2018	Norwich	Co Norwich	1
34.32	273	H	10/02/19	Norfolk County Championships 2019	Norwich	Co Norwich	1
34.39	271	H	27/05/17	ASA East Region Long Course Championships	Norwich	Co Norwich	1
34.95	258	H	20/04/19	CoNSC EASTER MEET 2019	Norwich	Co Norwich	1
35.48	247	H	31/03/18	City of Norwich Easter Long Course Meet	Norwich	Co Norwich	1
35.56	245	H	15/04/17	UEA City of Norwich Easter LC Meet	Norwich	Co Norwich	1
36.03	236	F	08/07/17	UEA City of Norwich Midsummer Madness Open Meet	Norwich	Co Norwich	3
36.32	230	F	03/03/18	UEA Norwich March Long Course Open Meet	Norwich	Co Norwich	3
36.85	220	F	02/07/16	UEA City Of Norwich Midsummer Madness Open Meet	Norwich	Co Norwich	3
37.46	210	H	07/05/16	Rotherham Metro Level One Long Course Meet	Sheffield	Co Norwich	1
38.27	197	H	26/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	Co Norwich	1
40.05	171	F	06/02/16	UEA City of Norwich Groundhog Meet 2016	Norwich	Co Norwich	1
40.21	169	H	17/01/16	City of Derby Fifteenth LC L1 Open Meet	Sheffield	Co Norwich	1
40.51	166	F	11/07/15	UEA City of Norwich Mid-Summer Madness Open	Norwich	Co Norwich	3
40.78	162	H	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Co Norwich	1
44.20	127	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	Co Norwich	1

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26.91	566	H	27/01/24	SE Norfolk County Championships 2024	Norwich	Co Norwich	1
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28.19	493	H	02/05/22	SE East Region Long Course Championships 2022	Norwich	Co Norwich	1
27.89	509	H	16/04/22	City of Norwich SC Easter Meet 2022	Norwich		1
28.59	472	F	05/03/22	City of Norwich SC L3 March LC Open Meet 2022	Norwich		3
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40.21	169	H	17/01/16	City of Derby Fifteenth LC L1 Open Meet	Sheffield	Co Norwich	1
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