

Individual Best Times (All Time)

Ashleigh Aslett - (893420) - Portsmouth Northsea SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:03.07	468	F	20/07/14	Portsmouth Northsea SC PN End of Season Meet	Portsmouth	Portsmouth N	3
5:06.67	452	F	18/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	Portsmouth N	1
5:06.75	451	H	01/03/15	Hampshire County ASA Championships	Portsmouth	Portsmouth N	1
5:22.61	388		02/03/14	Hampshire County Championships	Portsmouth	Portsmouth N	1
5:27.45	371	F	10/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	Portsmouth N	1
5:31.77	357	F	14/07/13	Portsmouth Northsea End of Season Meet	Portsmouth	Portsmouth N	3
5:31.91	356	F	01/12/13	Portsmouth Northsea Cracker Meet	Portsmouth	Portsmouth N	1
5:52.38	298	F	15/07/12	Portsmouth Northsea End of Season Meet	Portsmouth	Portsmouth N	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:06.75	451	H	01/03/15	Hampshire County ASA Championships	Portsmouth	Portsmouth N	1
5:27.45	371	F	10/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	Portsmouth N	1
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5:06.67	452	F	18/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	Portsmouth N	1
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