Individual Best Times (All Time)

Ashleigh Aslett - (893420) - Portsmouth Northsea SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:39.04	482	F	27/03/16	Portsmouth Northsea Easter Festival	Portsmouth	Portsmouth N	1
5:40.38	476	F	20/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	Portsmouth N	1
5:43.01	465	F	16/04/17	PNSC Easter Meet	Portsmouth	Portsmouth N	1
5:48.68	443	F	17/12/17	Portsmouth Northsea Christmas Meet	Portsmouth	Portsmouth N	3
5:48.73	443	F	10/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	Portsmouth N	1
5:49.01	442	F	19/07/14	Portsmouth Northsea SC PN End of Season Meet	Portsmouth	Portsmouth N	3
5:58.77	406	F	13/07/13	Portsmouth Northsea End of Season Meet	Portsmouth	Portsmouth N	3
6:05.34	385	F	01/12/13	Portsmouth Northsea Cracker Meet	Portsmouth	Portsmouth N	1
6:11.82	365	F	12/01/13	Portsmouth Northsea SC Level 1 Open Meet	Portsmouth	Portsmouth N	1
6:15.10	356	F	07/10/12	Portsmouth Northsea SC Level 3 Open Meet	Portsmouth	Portsmouth N	3
6:42.89	287	F	14/07/12	Portsmouth Northsea End of Season Meet	Portsmouth	Portsmouth N	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:48.68	443	F	17/12/17	Portsmouth Northsea Christmas Meet	Portsmouth	Portsmouth N	3
5:43.01	465	F	16/04/17	PNSC Easter Meet	Portsmouth	Portsmouth N	1
5:39.04	482	F	27/03/16	Portsmouth Northsea Easter Festival	Portsmouth	Portsmouth N	1
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6:42.89	287	F	14/07/12	Portsmouth Northsea End of Season Meet	Portsmouth	Portsmouth N	3