

Individual Best Times (All Time)

Thea Cowie - (891388) - North Tyneside SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:14.05	464	H	20/05/17	ASA North East Region Championships	Sunderland	North Tyne	1
1:14.40	457	H	24/03/18	City of Sunderland National Qualifier	Sunderland	North Tyne	1
1:14.62	453	H	01/07/18	City of Sunderland Summer Splash 2018	Sunderland	North Tyne	3
1:15.17	443	H	14/01/18	City of Sunderland New Year Meet 2018	Sunderland	North Tyne	1
1:17.35	407	H	04/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	North Tyne	1
1:17.35	407	H	04/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	North Tyne	1
1:18.98	382	H	21/05/16	ASANER Regional Championships 2016	Sheffield	North Tyne	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:14.62	453	H	01/07/18	City of Sunderland Summer Splash 2018	Sunderland	North Tyne	3
1:14.40	457	H	24/03/18	City of Sunderland National Qualifier	Sunderland	North Tyne	1
1:15.17	443	H	14/01/18	City of Sunderland New Year Meet 2018	Sunderland	North Tyne	1
1:14.05	464	H	20/05/17	ASA North East Region Championships	Sunderland	North Tyne	1
1:17.35	407	H	04/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	North Tyne	1
1:17.35	407	H	04/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	North Tyne	1
1:18.98	382	H	21/05/16	ASANER Regional Championships 2016	Sheffield	North Tyne	1