

Individual Best Times (All Time)

Thea Cowie - (891388) - North Tyneside SC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.91	491	H	11/02/18	N & D 2018 Championships	Sunderland	North Tyne	1
30.22	476	F	11/02/18	N & D 2018 Championships	Sunderland	North Tyne	1
30.52	462	H	24/03/18	City of Sunderland National Qualifier	Sunderland	North Tyne	1
30.64	457	H	05/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	North Tyne	1
30.64	457	H	05/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	North Tyne	1
33.87	338	H	07/02/15	Northumberland & Durham County Championships	Sunderland		1
39.24	217	H	13/10/13	Northumberland & Durham SA Autumn Meet	Sunderland	North Tyne	3
49.44	108	H	07/10/12	Northumberland & Durham Autumn Meet 2012	Sunderland	North Tyne	3

Swims in Date Order

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