

Individual Best Times (All Time)

Amy Strode - (888560) - Farnham SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:53.46	516	F	09/02/20	Surrey Age Group Championships 2020	Crystal Palace	Farnham	1
4:59.55	485	F	27/01/19	Surrey Age Group Championships 2019	Surrey	Farnham	1
5:01.18	477	F	11/02/18	Surrey Age Group Championships 2018	Surrey	Farnham	1
5:05.89	455	F	11/02/17	Surrey Age Group Championships	Guildford	Farnham	1
5:53.81	294	F	22/02/15	Surrey Age Group Championships	Guildford	Farnham	1

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