

Individual Best Times (All Time)

Amy Strode - (888560) - Farnham SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:37.05	517	F	06/04/19	Crawley Spring Open	Crawley	Farnham	1
2:38.80	500	F	27/01/19	Surrey Age Group Championships 2019	Surrey	Farnham	1
2:40.60	484	F	11/02/18	Surrey Age Group Championships 2018	Surrey	Farnham	1
2:48.93	416	F	11/02/17	Surrey Age Group Championships	Guildford	Farnham	1
3:09.30	295	F	22/02/15	Surrey Age Group Championships	Guildford	Farnham	1
3:12.92	279	H	11/01/15	Rushmoor Royals 9th New Year Open Meet	Aldershot		3

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