

# Individual Best Times (All Time)

Bethan Cooke - (887673) - City of Birmingham SC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
26.51	706	F	04/04/24	Speedo Aquatics GB Swimming Championships 2024	London	Co Birm'ham	1
26.58	700	H	04/04/24	Speedo Aquatics GB Swimming Championships 2024	London	Co Birm'ham	1
26.64	696	F	25/07/23	British Summer Championships	Sheffield	Chase	1
26.69	692	F	06/05/24	SE West Midland Summer Championships 2024	Birmingham	Co Birm'ham	1
26.71	690	H	06/05/24	SE West Midland Summer Championships 2024	Birmingham	Co Birm'ham	1
26.77	686	H	06/04/23	British Swimming Championships 2023	Sheffield	Chase	1
26.86	679	H	25/07/23	British Summer Championships	Sheffield	Chase	1
26.87	678	H	26/01/24	Luxembourg Euro Meet 2024	Luxembourg	Co Birm'ham	1
27.00	668	F	06/04/23	British Swimming Championships 2023	Sheffield	Chase	1
27.01	667	H	15/01/23	City of Derby SC 19th LC Open Meet 2023	Sheffield	Chase	1
27.11	660	H	09/03/24	ESSA 73rd Inter-Divisional Champions 2023-24	Coventry		1
27.13	659	F	25/07/22	British Summer Championships	Sheffield	Chase	1
27.17	656	H	25/07/22	British Summer Championships	Sheffield	Chase	1
27.20	654	H	02/04/23	Derventio eXcel Spring Qualifier Meet 2023	Sheffield	Chase	1
27.31	646	F	27/05/23	AP Race International 2023	London	Chase	1
27.39	640	F	11/03/23	Wycombe LC Premier Meet 2023	High Wycombe		1
27.47	634	H	27/05/23	AP Race International 2023	London	Chase	1
27.52	631	F	01/05/23	West Midland Regional Summer Championships 2023	Coventry	Chase	1
27.56	628	H	01/05/23	West Midland Regional Summer Championships 2023	Coventry	Chase	1
27.93	604	H	03/04/22	Derventio eXcel April Meet	Sheffield	Chase	1
27.98	600	F	02/05/22	West Midlands Region 2022 Regional Championships	Coventry	Chase	1
28.25	583	H	12/03/22	Stockport Metro Spring Long Course Open Meet 2022	Stockport	Chase	1
28.37	576	H	19/12/21	Northampton Swimming Club Winter Festival 2021	Corby	Chase	1
28.60	562	H	02/05/22	West Midlands Region 2022 Regional Championships	Coventry	Chase	1
29.63	505	H	12/01/20	City of Derby Eighteenth LC L1 Open Meet 2020	Sheffield	Chase	1
29.84	495	F	06/05/19	West Midlands LC Championships 2019	Coventry	Chase	1
29.16	470	H	21/02/19	City of Sheffield Swim Squad Premier Meet	Sheffield	Chase	1

30.16	479	H	31/03/19	City of Sheffield Swim Squad Premier Meet	Sheffield	Chase	1
30.24	475	H	06/05/19	West Midlands LC Championships 2019	Coventry	Chase	1
30.75	452	H	13/01/19	City of Derby 17th Long Course Level 1 Open Meet	Sheffield	Chase	1
31.59	417	H	07/04/18	City of Liverpool Spring Open Meet	Liverpool	Chase	1
31.69	413	H	07/05/18	Swim England West Midlands Championships	Coventry	Chase	1
34.46	321	H	14/01/17	City of Coventry January Open Meet	Coventry	Chase	3

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26.69	692	F	06/05/24	SE West Midland Summer Championships 2024	Birmingham	Co Birm'ham	1
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26.87	678	H	26/01/24	Luxembourg Euro Meet 2024	Luxembourg	Co Birm'ham	1
26.64	696	F	25/07/23	British Summer Championships	Sheffield	Chase	1
26.86	679	H	25/07/23	British Summer Championships	Sheffield	Chase	1
27.31	646	F	27/05/23	AP Race International 2023	London	Chase	1
27.47	634	H	27/05/23	AP Race International 2023	London	Chase	1
27.52	631	F	01/05/23	West Midland Regional Summer Championships 2023	Coventry	Chase	1
27.56	628	H	01/05/23	West Midland Regional Summer Championships 2023	Coventry	Chase	1
27.00	668	F	06/04/23	British Swimming Championships 2023	Sheffield	Chase	1
26.77	686	H	06/04/23	British Swimming Championships 2023	Sheffield	Chase	1
27.20	654	H	02/04/23	Derventio eXcel Spring Qualifier Meet 2023	Sheffield	Chase	1
27.39	640	F	11/03/23	Wycombe LC Premier Meet 2023	High Wycombe		1
27.01	667	H	15/01/23	City of Derby SC 19th LC Open Meet 2023	Sheffield	Chase	1
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30.75	452	H	13/01/19	City of Derby 17th Long Course Level 1 Open Meet	Sheffield	Chase	1
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34.46	321	H	14/01/17	City of Coventry January Open Meet	Coventry	Chase	3