

Individual Best Times (All Time)

Amy Pemberton - (886242) - Berkhamsted SC - 400 Individual Medley - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:24.23	551	F	31/03/19	PL Spring Regional Qualifier L1 & L3 Open 2019	Plymouth	Plymouth Lea	1

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