## **Individual Best Times (All Time)**

Zack Westhead - (883898) - Farnham SC - 400 Freestyle - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:35.67	508	F	20/04/19	Portsmouth Northsea Easter Meet	Mountbatten SC	Rushmoor Ryl	1
4:38.53	493	Н	02/03/19	Rushmoor Royals Regional Qualifier Open Meet	Aldershot	Rushmoor Ryl	3
4:43.92	465	Н	01/12/18	Rushmoor Royals Last Chance County Qualifier Meet	Aldershot	Rushmoor Ryl	3
4:50.66	434	Н	02/12/17	Rushmoor Royals Last Chance County Qualifier Meet	Aldershot	Rushmoor Ryl	3
4:53.14	423	Н	24/02/18	Rushmoor Royals Regional Qualifier Open Meet	Aldershot	Rushmoor Ryl	3
4:59.48	396	Н	19/03/17	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot		1
5:00.51	392	Н	18/06/17	Rushmoor Royals Club Championships 2017	Aldershot		4
5:04.50	377	Н	28/01/17	Hampshire County Swimming Championships 2017	Portsmouth	Hart	1
5:22.01	319	Н	28/02/15	Hampshire County ASA Championships	Portsmouth	Rushmoor Ryl	1
5:28.40	300	Н	12/04/15	Rushmoor Royals Spring NQ Open Meet	Aldershot		1
5:29.87	296	Н	12/07/15	Rushmoor Royals Summer LC L3 Open Meet	Aldershot		3
5:30.14	296	Н	06/12/15	Rushmoor Royals Last Chance County Qualifier	Aldershot		3
5:37.65	276	Н	11/01/15	Rushmoor Royals 9th New Year Open Meet	Aldershot		3
5:42.21	265	Н	21/09/14	Rushmoor Royals SC Club Championships	Aldershot		4
6:47.18	157	Н	15/09/13	Rushmoor Royals Club Championships	Guildford	Rushmoor Ryl	4

## Swims in Date Order

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5:04.50 pyright 2024	377 <b>1</b>	Н	28/01/17	Hampshire County Swimming Championships 2017	Portsmouth	Hart Powered By SPOR	1 TSYSTEN

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