

# Individual Best Times (All Time)

Sebastian Munro-Smith - (882622) - West Suffolk Swimming Club - 200 Individual Medley - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:24.55	173	F	11/07/15	UEA City of Norwich Mid-Summer Madness Open	Norwich	West Suffolk	3

## Swims in Date Order

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