

Individual Best Times (All Time)

Sebastian Munro-Smith - (882622) - West Suffolk Swimming Club - 100 Backstroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:30.12	187	F	11/07/15	UEA City of Norwich Mid-Summer Madness Open	Norwich	West Suffolk	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:30.12	187	F	11/07/15	UEA City of Norwich Mid-Summer Madness Open	Norwich	West Suffolk	3